

Southwest Highlands

Including Ben Nevis, Glen Coe and the rest of Lochaber, Argyll including the Isles, Loch Lomond, Trossachs and Arran

Forecast valid from 00:00 on Sunday 04 Jun 2023 until 23:59 on Monday 05 Jun 2023

Forecast Issued on Saturday 03 Jun 2023 at 14:33 by Met Office Aberdeen

Confidence: High for dry and settled weather well into next week. Low for extent of low cloud.

Headline for Sunday 04 Jun 2023: Dry with some strong sunshine

Mountain weather hazards on Sunday 04 Jun 2023

Blizzards

No Likelihood

Gales

No Likelihood

Thunderstorms

No Likelihood

Heavy persistent snow

No Likelihood

Severe chill effect

No Likelihood

Heavy persistent rain

No Likelihood

Storm force winds

No Likelihood

Poor visibility

Low Likelihood

Strong sunlight

High Likelihood

Weather and chance of precipitation at 800m

Time							
00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00
							
Clear night	Sunny	Sunny	Sunny	Sunny	Sunny	Sunny	Clear night
Precipitation probability							
00%	00%	00%	00%	00%	00%	00%	00%

Forecast for Sunday 04 Jun 2023

Weather: Chance of some low cloud across southern Kintyre, Islay and Jura at first along with the eastern Trossachs. Otherwise it will be a dry day with some spells of strong sunshine. Very warm by afternoon.

Chance of cloud-free hill tops above 800m: 90%

Low Cloud and visibility: Poor in any low cloud down to 200 metres at first, this dispersing through the morning. Otherwise very good visibility and good air clarity with any cloud above the summits in the afternoon.

Forecast for Sunday 04 Jun 2023

Height (m)	Wind Speed mean/gusts (mph)					Wind Direction (blowing from)			
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	3/4 S	6/7 S	5/7 S	5/9 NW	8/13 W	9/15 W	9/14 W	4/7 N	4/6 NE
900	3/5 SE	4/6 S	4/6 S	4/8 W	7/12 W	9/14 W	9/14 W	5/8 N	5/7 E
600	4/6 NE	5/6 NE	5/7 NE	4/7 NW	7/12 W	9/14 W	9/14 W	5/8 NW	4/7 NE
300	3/5 N	4/5 NE	3/5 NE	3/6 NW	6/11 SW	8/14 SW	7/11 W	4/6 N	3/5 NE
Glen	5/11 E	4/9 E	4/8 E	2/5 SE	6/11 SW	8/14 SW	8/14 W	4/6 W	3/6 SE

Height (m)	Temperature / Feels Like (°C)								
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	8/7	7/5	7/6	8/7	10/8	11/9	10/8	8/7	7/6
900	8/7	6/4	10/9	12/12	14/13	16/14	14/12	11/10	7/6
600	11/10	10/9	11/10	13/12	16/14	17/15	16/14	13/12	11/10
300	13/12	11/11	12/12	15/15	18/17	19/17	18/17	15/15	13/12
Glen	13/12	11/11	14/13	18/18	21/19	21/20	20/18	16/16	12/12
Freezing Level*	2300m	2200m	2200m	2100m	2100m	2200m	2300m	2300m	2200m

*Level above which ground is expected to be frozen/snow is expected to settle.

Met Office Aberdeen Meteorologist's View

Be prepared for sunburn and dehydration on long hikes

Forecast for Monday 05 Jun 2023

Weather: Overnight mist and low cloud across the east of the area burning off through the morning, otherwise a dry day with some lengthy spells of strong sunshine. Very warm by afternoon with a high risk of sunburn and dehydration.

Maximum wind: Variable in direction 10 mph

Chance of cloud-free hill tops above 800m: 90%

Low Cloud and visibility: Poor in any early low cloud down to 200 to 500 metres, otherwise very good visibility with cloud above the summits by afternoon

Temperature: **Glens:** Plus 6 rising to 23 Celsius
At 800m: Plus 8 rising to 14 Celsius
Freezing level: Above summits